

Fifteenth Annual Breastfeeding Symposium
Hard Conversations Around Breastfeeding
Thursday, October 22, 2015

AGENDA

- 5:00-5:55 PM – registration and social hour with exhibitors and sandwich buffet. BCSCW Members will get a ballot for election of board members.
- 5:55 -6:00PM – Welcome – Laura Berger RN,BSN,CLE, outgoing BCSCW board president
- 6:00 -6:45PM – Breastfeeding and Opiates - Liz Goetz MD, IBCLC. Neonatologist at Meriter
- 6:45 -7:00PM – BCSCW annual review and final voting opportunity – Alison Dodge, CLC
- 7:00 -7:15PM - break
- 7:15 -7:55PM – Breastfeeding Infants and Sleep Safety – Liz Fleming MD
- 7:55 -8:25PM – group discussion around sleep scenarios – Ildi Martonffy MD, IBCLC and Liz Fleming MD
- 8:25 –8:30PM - closing remarks and evaluations - Laura Berger

Breastfeeding and Opiates

Liz Goetz MD, IBCLC is a Newborn Nursery Hospitalist at Meriter Hospital in Madison with a special interest in opiate effects in the newborn. She has given many presentations on this subject and is a regional expert.

Participants will be able to:

- Identify current prevalence and patterns of opiate use in breastfeeding women
- Describe the passage of opiate medications into breastmilk and the effects on the newborn.
- identify indications and contraindications to breastfeeding in women using opiates

Breastfeeding Infants and Sleep Safety

Liz Fleming MD is a Family Medicine physician with Dean Clinic East. She presented a Grand Rounds at St Mary's Hospital on SIDS and SUIDS with a discussion around current recommendations related to co-sleeping.

Participants will be able to:

- Define Sudden Infant Death Syndrome and Sudden Unexplained Infant Death
- Identify current public health safe sleep recommendations.
- Describe existing evidence around co-sleeping, room-sharing, and bed-sharing as it relates to breastfeeding.
- Discuss current counseling practices regarding infant sleep by lactation support providers within the BCSCW community.